

**CAMHS Future in
Mind Presents...**

NHS
South West
Yorkshire Partnership
NHS Foundation Trust

Cherry Tree Academy

Drop-in information Session for Parents and Carers

Professionals on hand to help families deal with important topics



Enjoy a coffee or tea and a piece of cake

Enquire about future workshops (leaflets will be available):

- 1) *Sleep*
- 2) *Managing Emotions – anger*
- 3) *Introduction to mental health*
- 4) *Anxiety*

Date: Thursday 23rd February 2023

Time: 2pm—2:30pm

Followed by the new head teacher meeting at 2:30pm



**This session will take place in school
Please sign in at reception on arrival.**

With all of us in mind.

