

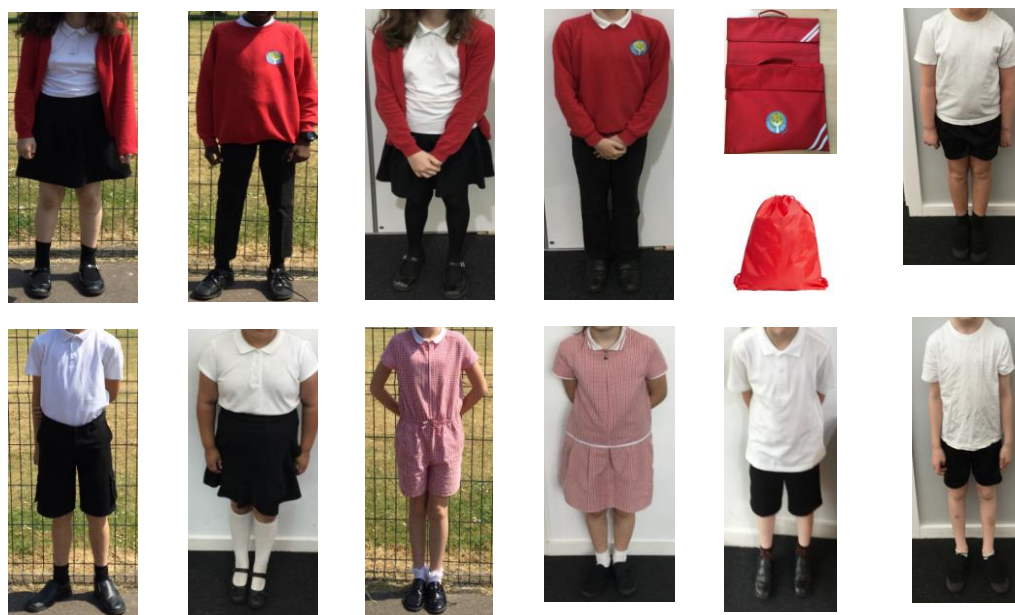
Uniform



The uniform at Cherry Tree Academy is designed to be smart, comfortable and cost effective.

Uniform from September 2023	P.E Kit from September 2023
Red sweatshirt or cardigan with CTA Logo	White plain t-shirt
Plain red sweatshirt or cardigan	White polo top
Plain white polo top	Black shorts
Black or dark-grey trousers	Black tracksuit bottoms/joggers
Black or dark-grey skirt	Red jumper with CTA logo
Black or dark-grey smart shorts (no sports shorts)	Plain red hoodie/jumper (no logos)
Black or dark-grey pinafore dress	Trainers for outdoor P.E.
Red & white Gingham summer dress	Black plimsolls
Black shoes/sandals (black trainers are acceptable but they must be entirely black with no coloured branding).	A red drawstring bag to carry the sports kit in.

All children are required to have a Cherry Tree reading book bag, rather than large backpacks.

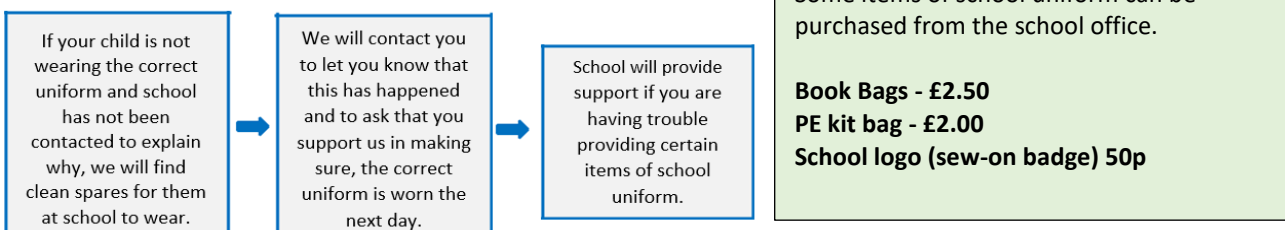


Items of clothing and accessories NOT allowed:

- Shoes/boots with high or wedged heels are not suitable footwear for school.
- Watches and stud earrings may be worn but no other jewellery is permitted and will be confiscated.
- Make-up, false nails and nail varnish should not be worn and children will be asked to remove these straight away if they are found to be wearing them.
- Fake tattoos should not be worn.
- Football kits (or kits for other sports) should not be worn for P.E. lessons.
- On non-uniform days, appropriate clothing for school should be worn.
- Children are not permitted to bring into school large backpacks.

***Any confiscated items will be returned at the end of the school day and families will be contacted.**

If your child is not wearing the correct uniform:



Some items of school uniform can be purchased from the school office.

Book Bags - £2.50
PE kit bag - £2.00
School logo (sew-on badge) 50p

Healthy Packed Lunches



Healthy packed lunches might include:

At least one portion of fruit and one portion of vegetables e.g.:	Meat, fish or other source of non-dairy protein e.g.:	A starchy food e.g.:	Dairy food e.g.:
Carrot sticks Cucumber Small apple Orange Banana Dried fruit Mini tomatoes Mango cubes	Chicken/turkey Ham Beef Pork Tuna Lentils Kidney beans Chickpeas Peanut butter Falafel.	Bread Pasta or rice Crackers Rice cakes Oat cakes Pitta bread Tortilla wraps.	Milk Cheese Yoghurt or fromage frais.

Fizzy drinks, juices and flavoured water are NOT allowed.

Please be reassured that fresh water will be provided during lunchtimes and throughout the school day.

Our alternative suggestions to snacks such as chocolate bars include:

- Sugar free jellies with fruit.
- Cakes and biscuits in moderation.
- Fruit, vegetables.



What's in a healthy lunchbox?

"Healthy"

A healthy packed lunch should include



"Unhealthy"

A packed lunch should avoid



Source: Food Standards Agency

Children are encouraged to bring a healthy snack for break-times. This should ideally be provided in a small named container.

Children in the infants are able to take part in the National fruit scheme, which means that a range of fruits and vegetables are provided every day - free! In addition to this you can also purchase milk for your child in the infants (Ask for details at the school office).

If you are struggling for ideas for healthy snacks that your child might like there are websites such as www.schoolfoodtrust.org / www.greatgrubclub.com which may prove useful.